

Registration

(complete both sides)

Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Phone: _____

Email: _____

Sex: _____ Age: _____

Birthdate: _____

USATF 2009# : _____

To compete in the Rocky Mountain Masters Games, I do, for myself, my heirs, and my administrators, waive, release, and forever discharge any and all claims for damages which I may have or which may hereafter accrue to me or my heirs against Colorado USA Track and Field, the sponsors, officers, and agents thereof. I certify that I am in good physical condition and recognize that this meet will be held at high altitude (-5000 ft.) and that the weather conditions can vary from very hot to very cold in short periods of time.

Signed: _____

Date: _____

Mail registration and check to:
Rocky Mountain Masters Games
c/o Jim Weed
2203 E. 149th Ave.
Thornton, CO 80602



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Thornton, CO 80602

[CUSTOMER NAME]

2009 Rocky Mountain Masters Games

Colorado State University
Ft. Collins, CO
August 29 & 30, 2009

(1 week before Labor Day
weekend!)



Sanctioned by USA Track & Field
www.usatf-co.org

Sponsored by
Colorado Masters Track & Field Club
www.denvertrackclub.org

INQUIRIES:

- Jim Weed, 303-451-8727
rockymtnmastersgames@msn.com
- Jerry & Christel Donley, 719-635-1264
- Throws & Implements:
Tim Edwards, 303-724-0606
tedwa851@gmail.com

Rocky Mountain Masters Games

Site: Colorado State University, Ft. Collins, CO

Facilities: All weather 400m track,
electronic timing

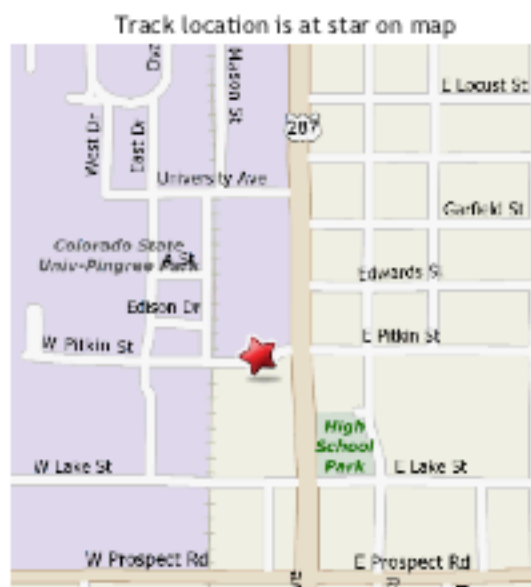
Age Groups*: **MASTERS**, 5 year age groups:
40 - 44, 45 - 49, 50 - 54, etc.
SUBMASTERS:
19 - 29, 30 - 34, 35 - 39
*age as of first day of meet

USA Track & Field registration is required & will be available at meet. Standard USATF rules apply.

Awards: Places 1-3 in ea. event receive Rocky Mountain Masters Games medals. A maximum of 3 medals will be awarded ea. entrant. Additional medals won may be purchased for \$4 ea.

Special Awards: Herb Anderson pentathlon and Tim Edwards weight pentathlon.

Entries received by Wednesday prior to meet will be published in the program and will be eligible for drawing prizes. We can normally get competitors into the events two hours prior to event. It helps the officials if you enter early.



(brochure by www.PeopleWeaver.com)

Schedule of Events

Note: All open weight events are on Saturday; weight pentathlon is on Sunday.

Saturday, August 29, A.M.

8:00 Hammer, women & 70+ men
Shot Put, 19-69 men
8:15 3K Race Walk
8:45 3K Run on track
9:00 Pentathlon
Hammer, 19-69 men
Shot Put, women & 70+ men
11:30 Discus, women & 70+ men
Javelin, 19-69 men

Saturday, August 29, P.M.

12:30 Discus, 19-69 men
1:30 Javelin, women & 70+ men
2:00 Weight throw, ALL
Super Weight, ALL - immed. after wt. throw
2:00 A FREE CLINIC will be held on Saturday at 2:00 PM for long jump, triple jump and hurdles. Check at meet for location.
5:30 THE SOCIAL - Saturday 5:30 P.M. Golden Corral, 901 E. Harmony Rd Participants, family & friends invited

Sunday, August 30, A.M.

8:30 1500m
Weight Pentathlon
9:00 80m High Hurdles
100m High Hurdles
110m High Hurdles
High Jump (starting at 5')
9:45 100m
10:00 Long Jump
Pole Vault (starting at 9'6")
10:45 800m
11:15 50m
11:45 Predict Time Fun Mile
Pole Vault (starting at 5')
High Jump (low height)

Sunday, August 30, P.M.

12:30 200m
1:00 Triple Jump
1:30 300m Intermediate Hurdles
400m Intermediate Hurdles
1:45 400m
4x100m Relay
4x100m Mixed Fun Relay

Accommodations: Best Western University Inn
914 S. College Ave., Ft. Collins (across from track)
970-484-1984 or toll free 1-888-484-2984
When reserving room, tell them you are with RMMG

Registration

(complete both sides)

Circle Events Entered

Track events:

50m	100m	200m
400m	800m	1500m
3000m	3K Race Walk	80m HH
100m HH	110m HH	300m IH
400m IH		

Field events:

High Jump	Pole Vault	Long Jump
Triple Jump	Shot Put	Discus
Pentathlon	Wt. Pent.	Wt. Throw
Javelin	Hammer	Super Weight

If both the pentathlon and open throwing events are entered on the same day, only a total of six throws will be permitted. The first three throws count for the pentathlon; all six count for the open javelin and discus.

Cost:

First Event \$10 if pre-registered
or \$15 if registered day of meet \$ _____

No. of additional events ____ x \$5 \$ _____

Event Total:* \$ _____
(*If total is over \$30, enter \$30)

Rocky Mountain Masters Games
T-shirts are \$15 (circle size): \$ _____

SM	MED	LG	XL	XXL
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Tax deductible donation \$ _____

GRAND TOTAL: \$ _____

Make checks payable to
"Rocky Mountain Masters Games"

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